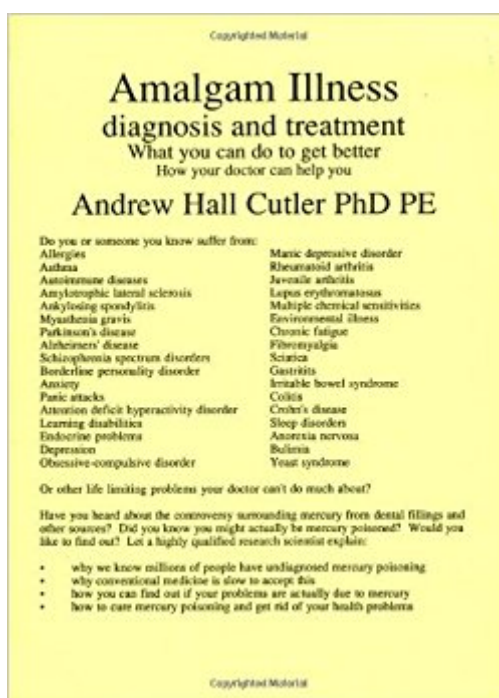


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# Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help



## Synopsis

Amalgam Illness: Diagnosis and Treatment starts with a detailed explanation of why to consider amalgam illness to be something that some people must have by comparing the well known statistics for how much mercury people absorb from their fillings to the well known statistics of how sensitive different members of a population are to a given toxin. This is for people who really don't know if they believe in amalgam illness or not (the other material available is rather sensational and I can't blame anyone reading it for having questions) before going any further. Amalgam Illness: Diagnosis and Treatment discusses how to deal with physicians if you think you have a controversial disease - especially if you have the great "luck" to be covered by a managed care plan. A key section is devoted to diagnosis - how to tell if you actually have amalgam illness instead of something else. It is also possible to be mercury poisoned from something other than amalgam, and the testing and examination described here is diagnostic regardless of the source. How to get the dental work done safely if you have decided amalgam fillings are the problem is briefly described - there is a robust industry of amalgam free dentists if you know how to look for them. The use of drugs and nutritional supplements to get the mercury out of your system is carefully presented - there are some important factors here that are not well described in the previous books on the subject and not all physicians who claim they know what to do actually give good advice. Then comes what turns out to be the major section of the book - how to treat all the related health conditions amalgam illness can cause so as to relieve them while mercury detoxification proceeds. Since amalgam illness is not widely recognized in the medical community, most people with it get pretty sick before they get motivated to bounce around between doctors and eventually end up in front of one who tells them about it. So most victims have pretty serious, unpleasant health problems (like fibromyalgia or severe allergies) and they really need to make these STOP for the year or two it can take to get fully detoxed and let your body heal. There are extensive tables of what to use for different conditions, a description of all the drugs and nutritional supplements suggested in the book, and appendices covering things like what the assorted clinical laboratory tests you might get actually mean, what other helpful books are that you might use, and supporting information like what the chelating agents are and how they work.

## Book Information

Paperback: 226 pages

Publisher: Andrew Hall Cutler; 1st edition (June 21, 1999)

Language: English

ISBN-10: 0967616808

ISBN-13: 978-0967616803

Product Dimensions: 0.5 x 8.5 x 10.8 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 101 customer reviews

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## Customer Reviews

"Amalgam Illness, Diagnosis and Treatment" provides practical tools for use in trying to sort out a health problem. ... Himself and amalgam victim, Cutler describes the weird world of an amalgam patient in a very initiated way. Mercury and other heavy metals take up residence in the active site of liver enzymes where some essential substance is supposed to be sitting. The enzymes stop detoxifying pollutants and naturally occurring toxins and the victim becomes more sensitive to air quality, foods and chemicals. ... A chelating agent ... has two or more thiol groups in the same molecule which hold onto the mercury more tightly and is more likely to be able to move it out of the body safely. ... The objective of the suggested treatment is to minimize the redistribution of mercury, and to get it out of the system. -- Heavy Metal Bulletin, volume 5 number 3 August 1999

This book presents a wealth of information on mercury poisoning such as you might have gotten from dental amalgam fillings, laboratory accidents, occupational exposure to mercury, exposure to mercury preservatives in health care products such as eye care products and contraceptives, etc. The book discusses how to tell if you have mercury poisoning, what to do about it, how to get help, and how to deal with physicians. Much of this information is covered several times at different levels so that you can find the amount of detail that best suits you. The book is straightforward and factual. The book is a tool for solving intractable health problems. This book need not be read cover to cover or in any particular order. Figures and tables have been included to rapidly convey how the different symptoms are interrelated and how different medicines and nutritional supplements can be used. This book is intentionally very broad. A large number of supplements and medicines are discussed. Thus there will be SOMETHING that each individual patient's metabolism tolerates, and SOMETHING that each physician is familiar and comfortable with. This book gives you the options

you need - you decide what to use. This book discusses methods to diagnose and treat some of the physiological and metabolic dysfunctions which are a part of chronic fatigue, fibromyalgia, and environmental illness. Some of the information will be helpful even if mercury isn't the root of your problems. The book is written as a straightforward reference book for you, not as super sophisticated research treatise for medical school professors. Everyday terms have been used when possible. Thus "low thyroid" instead of "hypothyroid," "poisoned" instead of "intoxicated," etc. Where medical words need to be used, they are explained. Instead of a very long list of esoteric and obscure references, there is a short list of helpful and interesting books and papers that explains what they are so you can decide if they would help you. This book covers: how to find and work with good doctors; the effects of chronic mercury poisoning, and how mercury causes these effects; how to diagnose chronic mercury poisoning; how to treat chronic mercury poisoning; scientific evidence that a lot of people are mercury poisoned. This book is especially valuable because some physicians are not yet familiar with the diagnosis and treatment of chronic mercury poisoning. Their textbooks state that there is no suitable biological index for the amount of mercury in the target organ, the brain, but do not explain what tests to use in place of the old fashioned ones that miss 2 cases out of 3. Worse, the textbooks offer no guidance on how to cure chronic mercury poisoning or control symptoms during treatment. This book gives your physician the information they need to help you. Since the medical textbooks aren't up to date on chronic mercury poisoning yet, the burden is on you, the patient, to decide whether to accept a physician's diagnosis and proposed treatment plan, or to seek another. If you are getting diagnoses like "there is nothing wrong," or "it's all in your head" and proposed treatment plans like "try ignoring it and seeing if it goes away," this is the right book for you. Don't suffer silently. Read Amalgam Illness: Diagnosis And Treatment and get well.

I ordered this book after 3 years of going to doctors to try to figure out my health issues: Hashimoto's thyroiditis, infertility, estrogen dominance, fatigue, hypertrophic bladder, depression, hypo manic, etc...My whole life was falling apart. I'm a nurse, so I won't quit my vigilance. I met a woman at the Vitamin store who said she has Hashimoto's due to her mother's amalgam fillings, and she was taking supplements to help. I dismissed her as crazy, but my health continued to decline as did my memory. At the time I was taking a supplement called ALA without knowing the half-life or that taking it with the amalgams in my mouth would cause catastrophic health. Eventually, the tooth next to my amalgam bore a hole due to the ALA trying to pull the metals out of my tooth. My health plummeted to an ultimate low. I'm grateful for Dr. Cutler. I found the Mercury

Detox Support Group on FB and he had just joined that week, as well!! For the people who write in these reviews about his negative personality, they are expecting that a man who has a PhD in chemistry, who also became ill be the utmost respectable person. Drop your expectations. Ultimately, he is a human being and he will not hide his strong emotions. That is what I call a "real" doctor. As a nurse, I have learned the most from those types. No politics, no holds barred doctors!! My health: Marked improvements: Improved memory, energy, mood, etc... Give yourself a chance and do not give up, because every tiny improvement or step back will teach you something. You have to do as he says! He really isn't writing this book as a fad, so you cannot pick and choose! Also, he tells you how to talk to your doctor which is very important. Most medical professionals were taught a program, so they literally need you to be your own advocate. Have a realistic outlook, this is hard work, but life is hard work and you may experience many bumps during this healing, but that is by no means a reason to blame Dr. Cutler. This is a challenge that will teach you so much. Embrace it. Real health is hard, period.

A wealth of information. If Dr. Cutler would have this professionally formatted and edited, it would be much more useful. As said, a wealth of information, albeit hard to follow.

Loaded with good information.

Good explanations - even if the book is 16 years it still in actuality

This book is filled with useful and practical information, the kind you will never hear from conventional dentists or doctors. It is also, unfortunately, poorly written and jumps all over the place. Definitely worth owning for reference material.

It's full of information, but somewhat hard to follow with those scientific words.

While there are a lot of studies cited here which I'd never heard of before and which proved to be very useful and educational, his diagnostic tools seem downright arbitrary. Although he does have a medical background (a PhD in biochemistry, I believe, which allowed him to read and understand high-level medical journals) I wish he would offer more explanation for WHY his diagnostic tools work the way they do. After all, he's suggesting you remove ALL OF YOUR MERCURY FILLINGS. Such an expensive and potentially hazardous undertaking should have reasoning behind a

diagnosis that this man alone thought of, shouldn't it? I also couldn't find anything about him on the internet except for other people who have read this book, and a few anecdotal reviews from people who have tried his chelation method. I'd love to hear reviews from people who are not in the middle of chelation but who have completed it with beneficial results.

It is relatively good book in treating mercury toxicity using pharmacological means. It is biased towards using synthetic drugs in treating mercury toxicity. It would be nice to include also natural methods of mercury detoxification.

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